

SPIRITUALE PODCAST

Introduction:

Today we're going to talk about childhood.

About a time that's behind us, yet we still carry it with us. Sometimes in our memories, other times in small habits, in gestures, in the words we use, or in the values we take for granted.

It is said that a person is shaped by their family, environment, and the experiences they gain in the early years of life. There's probably a lot of truth to that.

But we won't be looking back on our childhood to find faults or assign blame. Don't worry! We'll view our childhood as a gift.

As inspiration for adult life.

Talk:

We are constantly influenced by something or someone in life. Even by our childhood experiences. Some memories are clear and vivid. Others have long since been obscured by time, yet they still linger within us. We recall our mother's voice, the scent of home, or a favorite spot in the garden. Our walk to school. Vacations at our grandparents' house. Bedtime stories or moments when we felt safe. But it's not just about the memories themselves. The point is that all these events have shaped us.

Gradually, we learned what is right, how to treat others, and what trust, friendship, and responsibility mean. We didn't learn many things through words, but by example. Through a glance, a gesture—in fact, through ordinary everyday life. And that's why we carry so many of these experiences with us into adulthood. Today's world places great emphasis on performance—on results, success, efficiency, and constant growth. Sometimes it seems as though we have to be constantly better, faster, and more capable. But when we look at children, we see something different.

A child doesn't live to perform. A child discovers. Asks questions. Explores. Is simply naturally curious.

And then they know how to be amazed. They can pause to notice things an adult wouldn't even notice. They watch an ant on the path. They watch the clouds in the sky. They find joy in a simple puddle after the rain. They discover the world with open eyes and an unceasing, sincere interest.

And this is what we should hold onto from our childhood—not childish naivety, but that unique ability to be amazed. Not to take everything for granted. Simply to find joy in discovery.



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When we were little, every day brought something new. The world was full of surprises and possibilities. Gradually, we grew up and gained experience. That's essentially a good thing. We just shouldn't forget the open mind we once had as children. A person who stops being amazed stops truly seeing the world. And loses the ability to find joy in life. After all, it doesn't matter what our childhood was like down to the last detail. We don't want to dissect it and come up with "what-if" solutions. What matters is what we do with our childhood story today. After all, we have the freedom to decide how we will live, how we will treat others, and how we will view the world. Our childhood shaped us. We're grateful for the good things we received. We've come to terms with what wasn't perfect, or we're on the path to reconciling ourselves with the past. And above all, we must keep moving forward.

Who we are today is shaped by a combination of the past, the present, and our own decisions.

And perhaps one of the most beautiful decisions we could make would be to preserve that childlike sense of wonder—something of children's ability to discover the beauty of life. After all, the world around us is still full of things worth pausing to appreciate. And there is always something to marvel at.

The ability to marvel is, in fact, the ability to see the world as a gift. Those who are capable of marveling do not let themselves be consumed by worries, performance pressures, and the daily rush. Time and again, they discover something extraordinary in ordinary things. And where others see the ordinary, they find a reason for gratitude, joy, and peace.

And it is precisely the ability to be amazed that opens people's hearts. It opens them to other people, to life, and to God.

In Conclusion:

Dear listeners, try to recall one thing from your childhood today that brought you joy. Maybe it's a place. Maybe a scent. Maybe a fond memory. And then ask yourself: "Have I lost the ability to look at the world along the way? Have I forgotten the art of stopping and marveling?"

Take a moment today to perceive the world around you just as a curious child would. And then you'll discover that beauty hasn't disappeared. We've just stopped noticing it in the rush of everyday life.

Author: Miroslav Lindovský, M.A.

